

Name: _____

Date: _____

Health History				
Please check ALL of the health conditions below that apply to you currently or in the past			Family History	
			Mark ALL conditions that run in your family (father, mother, brother, sister)	
			Relationship	
Osteoarthritis/Degeneration Joint Disease		Whiplash Injury Date of Injury:	Cancer: Type:	
Asthma		Headaches	Anemia	
Diabetes: Type I or Type II		Joint Pain: Circle Location Shoulder, Elbow, Hip, Knee, Ankle, Other _____	Diabetes (circle one) Type I Type II	
Anemia		Migraines	Heart Problems	
Cancer/Tumor Location: _____		Osteoporosis/Osteopenia	Stroke	
Rheumatoid Arthritis		Epilepsy/Seizures	High Blood Pressure	
Depression/Anxiety		Fibromyalgia/Chronic Fatigue	Genetic Disorders	
Disc Herniation		Genetic Disorders	Rheumatoid Arthritis	
High Blood Pressure/ Hypertension		Please list any other medical conditions:	Other (List):	
Heart Disease/Stroke				

Major Trauma/Injury (Describe and Date):

Surgeries and/or Hospitalizations (List and Date):

Have you had imaging done in the past months (circle)? Yes No Which type? Xray / MRI / CT Scan
If yes, what facility was it taken at? _____

List current prescription medications:

Name of prescription medication		
1.	4.	7.
2.	5.	8.
3.	6.	9.

List any known allergies you have had to prescription medications. If no medication allergies, leave blank.

1. _____ 2. _____

Social History	
Do you currently smoke tobacco of any kind? (Circle all that apply): Yes / Former Smoker / Never been a smoker	
Do you drink alcohol? Yes No	How many drinks per week? For how many years?
Do you drink caffeine? Yes No	How many drinks per day? What type? Coffee / Tea / Soft Drinks / Energy Drinks
Do you take NSAIDs? Yes No How often? Daily / Weekly / Monthly / Rarely	
What type? Aspirin / Ibuprofen / Tylenol / Other _____	
Please describe your overall health right now: Excellent / Very Good / Good / Fair / Poor	